



School Information: All menus are subject to change.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



3

Tuesday

Cheeseburger Meatloaf 4
Au Gratin Potatoes
Green Peas
Dinner Roll

Wednesday

Chicken Chili Crispito 5
Salsa
Refried Beans

Thursday

Chicken Alfredo 6
Steamed Broccoli
Breadstick

Friday

French Bread Pizza 7
Garden Salad

Chicken & Noodles 10
Whipped Potatoes
Breadstick
Steamed Green Beans

Crazy Walking Taco 11
Spicy Pinto Beans

Meatball Sub 12
Golden Corn

Chicken Pot Pie 13
Cherry Tomatoes
Snickerdoodle Cookie

Personal Pan Pizza 14
Garden Salad

Hamburger 17
Lettuce & Tomato
Baked Beans

Tater Tot Casserole 18
Spinach Salad
Dinner Roll

Cheesy Chicken Burrito 19
Mixed Vegetables

Ham & Cheese Croissant 20
Sweet Potato Puffs
Cherry Tomatoes

Toasted Ravioli with 21
Meat Sauce
Steamed Carrots

Mini Corn Dogs 24
Steamed Green Beans

BBQ Chicken on Bun 25
Broccoli with Cheese

Bacon, Egg & Cheese 26
Biscuit
Emoji Potatoes
Sunset Sip Juice

Pork Carnita Bowl 27
Salsa
Red, White and Blue Cookie

Pizza Calzone 28
Marinara Sauce
Carrot Slims with Ranch

