

The Seven Habits of Highly Effective Teenagers Lesson Plan

Think Win - Win! – Lesson Plan

Here is the lesson plan for Habit 4's advisory activity. Please read over the lesson plan ahead of time.

Introduction:

"December's habit is 'Think Win-Win'. This habit refers to the idea of working together. Think Win-Win isn't about being nice, nor is it a quick-fix technique. It is about working together. Most of us learn to base our self-worth on comparisons and competition. We think about succeeding in terms of someone else failing—that is, if I win, you lose; or if you win, I lose. Life becomes a zero-sum game. There is only so much pie to go around, and if you get a big piece, there is less for me; it's not fair, and I'm going to make sure you don't get anymore. We all play the game, but how much fun is it really? Win-win sees life as a cooperative arena, not a competitive one. Win-win is a frame of mind and heart that constantly seeks mutual benefit in all human interactions. Win-win means agreements or solutions are mutually beneficial and satisfying. We both get to eat the pie, and it tastes pretty good!— **Put First Things First!**"

Demonstration – Watch the "Think Win-Win" video. Ask your students the following questions: "Why does this habit require maturity? How hard is it to think win-win with your siblings? friends? parents? Why do you think people always compare themselves rather than working together?"

Activity:

Teacher will ask students to get in pairs. Teacher will pass out one sheet of blank paper to each pair. Students will be playing tic tac toe against one another. The goal of the game is to see who can get the most wins. We are looking for a first and second place winner. Give the students three minutes to play. Count up the number of wins. Determine who had the most? **"Who had the most wins? Who had the second most wins? Did any pairs find an easier way to get the most wins? Did anyone purposely think of losing so that they could move through the games quicker, taking turns with your partner of who would win next? How does think win-win benefit you in this game? Are there any situations in your life that you might not be looking at correctly because you are focused on being competitive rather than thinking win-win?"**

Conclusion:

"Thinking win-win is tough because it is not human nature. Often our first thought is to be competitive or compare ourselves to one another. This month instead of comparing yourself or competing, think about working together with your classmates, teachers, and families. By working together, both sides can reach success. It takes a lot of maturity and humility, but you can do it. — **Think Win-Win!**